WEEKLY JOURNAL

Name _____ Journal #4

Use the following sentences to help you get started this week:

- On day one I didn't know which way to turn, everything seemed so confusing…
- Being ready for work at my placement means…
- This placement is what I expected because…
- This placement is not what I expected because…
- Situations that made me feel good were…
- Situations that me feel anxious were…