WEEKLY JOURNAL

Name _____ Journal #7

Use the following sentences to help you get started this week:

- Good time management is important at my placement because…
- To have good time management at my placement, I…
- TENSION! Tensions can build up when…I handle it by…
- When I feel stressed at Coop, I…
- Teamwork is important at my placement when…
- I felt like a good team member when…
- Overall this was good or not so good week because…